

(LCN Connections Issue 15 – August 2015)

FOND DU LAC, WISCONSIN LOCAL CHAPTER GROUP

*by Lisa Reber
Local Chapter Leader*

Here in the upper Midwest, we have one meeting a month. Linda Heimermann and I co-lead the group at her center; Heaven on Earth Healing Alternatives. We started about 1 ½ years ago and have seen a steady attendance, through all kinds of weather. Just last weekend we had 7 at our meditation despite the subzero wind chills. The really gratifying part of our meetings are the experiences people report to us. Sometimes they feel relaxed for the first time in a long while, some have had out of body experiences for the first time. Our first excursion workshop, last fall, was a huge success. Bob Holbrook came up from Illinois to facilitate for us. Everyone had an experience. They are looking forward to an advanced workshop. The most rewarding part for me is giving people the tools and letting them find their own experience. The Monroe Institute and Hemi-sync have profoundly changed my life and I would like to get it out there for everyone to let go of their fears. If you are ever in Wisconsin, look us up. We would love to see you.